



KORNELIA STEPHANIE

Finding Your Best Spiritual Practice

RECONNECT AND REDISCOVER YOURSELF

Hi Friends,

Today I want to talk about what is the best spiritual practice? what's your favorite way to connect with the divine?

The Best spiritual practice is.....

Do what makes you feel more like yourself, whatever that is.

Is it Meditation?

Is it Walking?

Is it reading?

Is it journaling?

Is it with your friends and family?

Is it being in nature?

When you realize what makes you feel like yourself- you can tap into being 'self-realized.'

What does it mean to be 'self-realized'?

It means to be in union with Source, to be at one with God, to be awake.

to realize the truth of who you are.

In Buddhism, '**Buddha**' means the awakened one. The one who is awake. Being self-realized is to be a master of your reality, choosing a higher version in partnership with the divine.. It is being in alignment with your truth. **You love yourself at every turn, especially the shadow. No matter what, when you recognize yourself as a spiritual,**

sovereign being, having a direct relationship with Source, you're happy, you're home, you are in your purpose. This makes you feel like yourself. It makes it possible now to express that authentic self, confidently, shining that inner light outward.

I have **the perfect practical tool** that so many people love and receive value from.. It is a step-by-step **practical guide to help you re-write the story of your life, free from pain** and with passion and peace. **You are the Keeper of the Garden.** You have the keys to the kingdom. Be ready now to take the first step and purchase a gift for yourself that will change your life with you at the helm. **I promise, you will love it** and want more for your family and friends.



KEEPER OF THE GARDEN

Seed your Peace and Gratitude Garden

Kornelia Stephanie

Keeper of the Garden 21-Day Audio Course

Do you recognize that Peace is the greatest gift we can give each other?

We all know that it is a very hectic season. Did you know that spending just 10 minutes a day focused on inner peace, balances and harmonizes you not only through these 21 days, but establishes a sense of well-being way beyond these three weeks. **Move at your own pace, start anytime.**

Be part of the solution not the chaos, and bring peace to your body, to your life, your friends, family and your community. The peace vibe is contagious. People will look at you and say, I want what you have!

Give the gift that people will treasure for the rest of their lives!

Become the Keeper of the Garden through this 21-day audio e-course for the next 21 days—for 10 minutes per day @ \$1.00 per day!

During weeks one, two and three you will be able to:

- Release negative suppressed emotions that affect your health
- Raise your vibration processing your emotions and feelings
- Let go of old habits and limiting beliefs
- List 105 or more things you are grateful for
- Align your healthy mind, body and spirit

- Heal yourself

Are you the boss of YOU, or CEO in your family, or a CEO who wants healthy and peaceful employees bringing peace to the workplace?

[Gift this e-course](#) to all your employees this holiday season and bring peace into the workplace and watch it ripple out to them and their families, your customers and into your communities. [Purchase HERE](#). Or text me for group rates: 369-941-5783

Get the 21-Day Keeper of the Garden Audio Course Here

Build your foundation on Peace and Gratitude with this course every day. Release everything that is not in harmony with your true nature. Create your best life now. Share it with everyone

WHAT PEOPLE ARE SAYING ABOUT KEEPER OF THE GARDEN

"It's really MAGICAL! It resonates so deeply for me to ground my garden with the seed. With your voice, I come to a state even further than I could go myself".

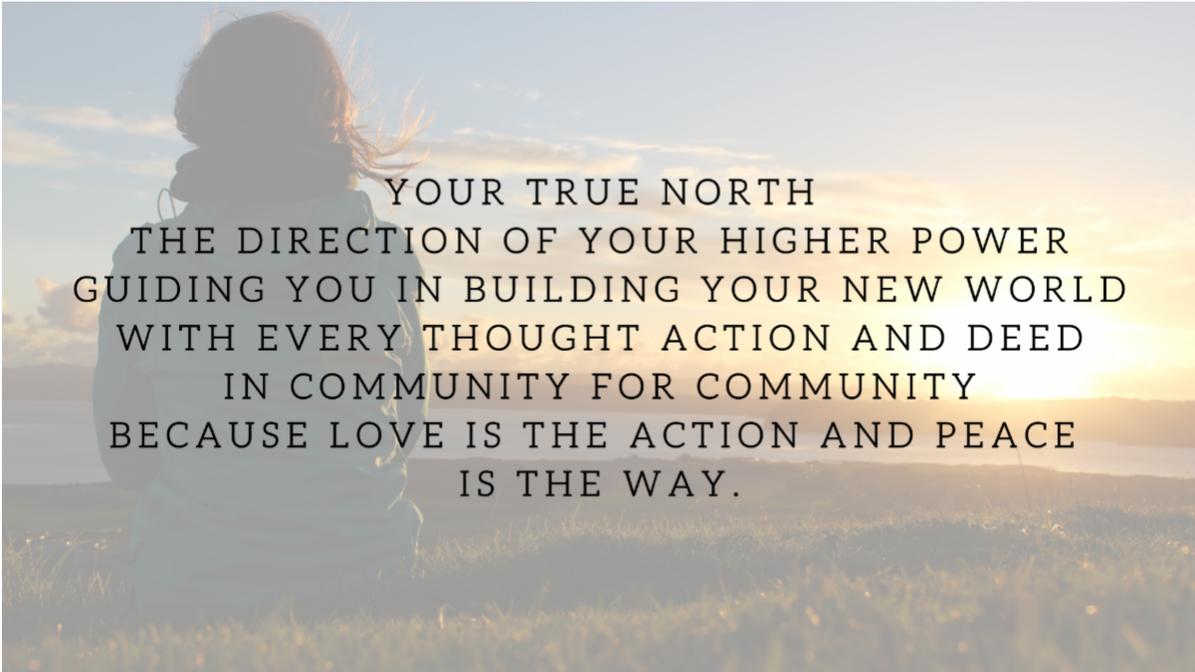
"I can't wait to buy this for my daughter! The calming effect that comes over me during my daily 10 minute session is so phenomenal.

"Listening to the 21-day Keeper of the Garden has completely changed how I connect with not only myself but, with others. I feel more at peace and am finding it easier to process my emotions which have helped me in so many aspects of my life. Thank you so much, Kornelia, I truly feel like it was created just for me."

"I found myself having a hard time waiting for the next day's recording! I just felt so good after listening I always wanted more. I know so many people that could benefit from this life-changing audio course. I can't wait to pass on this gift of peace to my friends and loved ones!"



I champion humanity's sovereignty, the authority over one's own life as empowered creation. Be sure to set your compass to:



YOUR TRUE NORTH
THE DIRECTION OF YOUR HIGHER POWER
GUIDING YOU IN BUILDING YOUR NEW WORLD
WITH EVERY THOUGHT ACTION AND DEED
IN COMMUNITY FOR COMMUNITY
BECAUSE LOVE IS THE ACTION AND PEACE
IS THE WAY.

*Lots of Love,
Kornelia*



Entrepreneur Spotlight

Are you living in survival mode and are tired of it?
with Kornelia Stephanie



In this video I talk about my conditioning, my upbringing, my money story, and how I overcame it and you can too.

What is your money story?

You can override your money story into prosperity now. The story you tell yourself is what ends up happening. Do you have beliefs/thoughts that say—They don't like me. **I don't have enough money.** They don't appreciate me. **They won't pay me.** They don't value me. **Moving out of survival mode and into financial freedom first begins with choice, choosing financial independence.** Choosing to be free. This domino effect can create a positive ripple because when we are clear about our beliefs like- **They appreciate me so much.** The Universe 100% supports me. **I always will have the money I need.** I get paid so well in my work. **People value my services and my work.** We know our beliefs carry our thoughts all the way through. I **choose financial freedom,** and the universe 100% supports me. **The belief that the universe supports you is the new story. Believe in manifesting a reality that supports and sustains you, and in truth, this reality is followed by what you believe in.**

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[Watch HERE](#)

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