

KORNELIA STEPHANIE

Find Your Inner Serenity

KORNELIASTEPHANIE.COM

Hello Fellow Friends, New Earth Creators,

I have a few questions for you.

What is the quality of your everyday moments?

What is the quality of your everyday life going to be like?

Now is the time when you are shaping, molding your future with the choices you are making today.

With the thoughts your thinking, and the feelings your feeling.!

What is the serenity and sensitivity of the now moment you find yourself in?

Can you feel your life? **Can you feel enchanted by what you are experiencing by who you are?**

Your beingness, by how you are leading yourself in your new world?

When you take the 21-day challenge- you can find yourself a little bit more open. You can feel so grateful and enjoy what you have.

You can feel to be a little bit more kind- more compassionate, **and you discover that the more allowing you are— life unfolds with greater ease and grace, and it is just what you want Now.**

I think, therefore I AM!

Thoughts become things. **Think Love. Feel Love. Be love.**

Surrender and Trust into the uncertainty. I AM

Join me.

Feel free to send me an [email](#) or find me on [facebook](#) if you want to answer the questions. If you want to connect. I would love that.



TAKE THE 21 DAY CHALLENGE

The average person has about 12,000 to 60,000 thoughts per day. Of those, 80% are negative and 95% are exactly the same repetitive thoughts as the day before and about 80% are negative. These studies reveal that the quality of our existence rests on the quality of our internal and external communication. It also reveals how our bodies respond to the way we think, feel and act. Can we change this? How do we change this?

Becoming aware of what your thinking in as simple as to tune in to how you are feeling? Being in a curious state of examination and canceling out the negative by choosing the positive. You'll receive 21 MP3 recordings, with workbook and processes on how to change your beliefs and work with your emotions in 10 minutes per day.

IT'S TRUE – PEACE IS AN INSIDE JOB...

The problem is most people don't know what peace means to them.
Are you ready to reach places in your heart and soul that are calling for you?

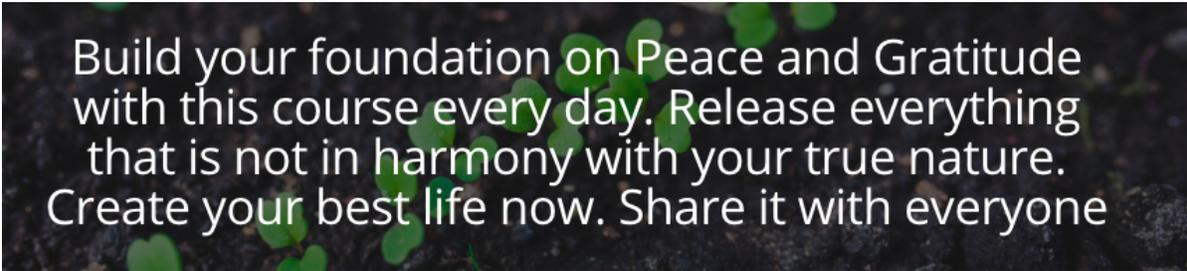
WHO IS IT FOR?

- Someone who is ready to turn their emotional triggers into liberation.
- Someone who is ready to heal themselves.
- Someone who has 10 minutes per day to listen to the daily practice and align with a new reality.

- Someone who wants to heal from their past and bring love to the present.
- Someone who wants to feel and believe the following about yourself after 21 Days.
- I am safe, I am confident, I love myself, I speak my truth, I claim my intuitive knowing, I am unified, I am whole.

Over the 21 days, you will be *shifting your paradigm* so that you need not take your karmic past into the future with you. With your willingness and the guidance of this course, you will be identifying and releasing anything from your life that holds you back, any negative emotions, such as anger, resentment, sadness, shame, that keep you from living in peace and Joy. Everyday of the 21 days begins with expressions of gratitude, all in the comfort of your own home.

You are the Keeper of the Garden, the inner garden created by you. This experience will change your life. You will be amazed at how wonderful you will feel, making peace with your piece. You choose to seed your garden with love. Through this 21-day audio process you will first pull some old weeds, negative thoughts, beliefs, and emotions, clearing away the brush from the old world. Soon you will see the most beautiful garden blooming from the inside out, your body healthy and vital. You are rewriting the story of your life. You know that your life and the environment you create is based on the energy you bring to it.



Build your foundation on Peace and Gratitude
with this course every day. Release everything
that is not in harmony with your true nature.
Create your best life now. Share it with everyone

You are choosing to seed the fertile ground of your life with powerful intentions. Just as the seeds you plant have a life of fulfillment in growing to completion, so can your heart's desire be influenced by the power of your intention. You are moving into co-creation with life force, being active and blessing the seeds you plant with your voice, your vision and your passion. For the next 21 days, you will discover more about yourself and about what is important to you as the creator of your life. Having a healthy body, healthy relationships and a healthy environment begin with you getting intimate with you.

The 21-Day Challenge

**MAKE PEACE YOUR NEW HABIT
BUILD YOUR FOUNDATION ON
PEACE AND GRATITUDE WITH THIS
21-DAY E-COURSE.
RELEASE EVERYTHING THAT IS
NOT IN HARMONY WITH YOUR
TRUE NATURE.
CREATE YOUR BEST LIFE NOW.**



WHAT CAN YOU EXPECT?

Day One - I Love My Body and I Am Safe. 11 mins
Day Two - I Allow All of My Emotions Without Judgment. 9 mins
Day Three - I am Powerful. I am Brave. 10 mins
Day Four - I love myself. I forgive myself. I forgive others. 10 mins
Day Five - I Listen Deeply to the Wisdom of My Soul. 10 mins
Day Six - I am Open to the Powerful Magic of My Imagination. 11 mins
Day Seven - Your Connection to Source. 10 mins
Day Eight - In What Areas of Your Life Do You Want More Peace? 9 mins
Day Nine - I am Sexually Alive, and I Love Feeling Pleasure. 8 mins
Day Ten - I am Powerful. I Feel Powerful. I Choose to be in My Power. I Love Myself. 12 mins
Day Eleven - I am Peace; Peace is in Me. I am Joy; Joy is in Me. 11 mins
Day Twelve - I am authentic in my expression. It's easy for me to receive. 10 mins
Day Thirteen - I Claim My Intuitive Knowing. 11 mins
Day Fourteen - I Am deeply connected to Source. 9 mins
Day Fifteen - I Love, Honor, and Approve of Myself. 9 mins
Day Sixteen - I Love Feeling Pleasure. 8 mins
Day Seventeen - I Act with Clear Intention and Integrity in my Life. 10 mins
Day Eighteen - I Speak my Authentic truth. I love with an Open Heart. 11 mins
Day Nineteen - The Feeling Paradigm is Empowering Me to Heal my Life, my Body, my Past. 11 mins
Day Twenty - I AM Open to the Powerful Magic of my Imagination. 10 mins
Day Twenty One - Bliss Awakens Within my Heart. 12 mins

Book Your Session with Kornelia Today!

EMpower Now. Release fears. Master your energy. Self Heal. Intuitive Empowerment Purification Sessions Spiritual counsel/personal empowerment support sessions (by donation) there are times when everyone needs support. Having support from a neutral party that is energetically available is liberating (from someone who has your best interest in mind)

Text: (360) 941-5783 and let's get you scheduled Today!

Or take a look at what others are saying.

<https://korneliastephanie.com/personal-session-donation/>

Private Session With
Kornelia By Donation

Purification * Healing * Empowerment

Text: 360-941-5758
and let's get you scheduled now!

Entrepreneur Spotlight

The Kornelia Stephanie Show: Online Marketing In A Changing World - 5 GROWTH ESSENTIALS During A Time Emergency with Rise and Be Rich:

There is something more dangerous than the virus right now - it is the changing market and the question in everyone's mind is how are we going to navigate through this change, keep building our business and achieve our goals when we feel so many restrictions in the world right now? So today, on this very special episode we are going to talk about:

What is changing in the marketplace that you need to be aware of?

How to connect with your customers and clients who are facing fear, doubt and uncertainty?

What is the opportunity in the market right now?

What are the 5 Areas you need to UPLEVEL in order to promote your business effectively in the market at this time?



Listen [HERE](#)

Watch [HERE](#)

We are made for times like these.

For the next 4-6 weeks
You are invited to chill. Can you do that? Don't fill your day with diversions- take this time to go within- ask yourself do I trust my body? What can I do to love and support my body to the greatest degree possible to optimize the magnificent gift of my body?

Your answer will determine by how you respond now! Spoken by Greg Braden so well on this video. Share it with everyone you know. [Watch HERE.](#)

Love you. Be well.

