



Hi Beloved Friends,

I trust that you are well and that you are feeling loved.

One of my callings that I love to give is being able to host retreats. I have been a retreat leader since late 2012. Every year I would organize up to three retreats per year. Each retreat was set up for lots of divine love, lots of emotional healing and creating a space for rising up into a higher vibrational way of living and being.

At one of the retreats in late 2016, I talked about building our next 9-year cycle from 2017 through 2025. **We grounded in our strengths and what it means to be independent leaders in our lives.** The years of 2017-2020 have pushed us into a type of spiritual-independence training. This has, in turn, invited us to delve deeper into our own beings for the intention of finding *within* the things we had previously sought *without*.

Heaven on Earth, Paradise, just like peace, is always an inside job.



Going With the Flow and Being the Flow...

The year 2020, the year of personal sovereignty and self-mastery has invited us to surrender, let go, and learn to just go with the Flow.

You can't rush your new life just because you desire to go with the Flow.

You must mimic the energy you wish to become.

Slow down... and go with the Flow.

If I was facilitating a retreat right now, I would be inviting you to focus your energy in the next six months on the paradise you want to create in your world. The peace you want to feel. I'd be reminding you to **not place** your attention and feed the outside world's drama; by not getting caught up in conspiracy theories and all of the negativity that is very easy to get trapped in, and then end up going down the rabbit hole.

Instead, I am inviting you to be still. Being still doesn't necessarily mean being inactive; it involves being present within your beautiful Light and your beautiful Soul.

Here is a beautiful mantra to take into stillness.

"Be still and know that I am GOD; that I AM love and that I embrace ALL of me in my soul's fullness. I remember *life supports me* and I can relax into that stillness."

*Harmoniously yours,
Kornelia*



Entrepreneur Spotlight

On my podcast last week, I talked about the next 6 months and what I see for those of us that are awake and aware of our creatorship.

WE ARE THE CHAMPIONS OF THE WORLD and remember. Evolution is inherently unfamiliar. **We are at the precipice of building our new world on a new foundation of our values and our principles.** Every conscious human being is setting up a new infrastructure within their own physical body, their home, their garden, and their community. It's happening **locally first.** Act Local, think Global. In the next six months, **we are laying the framework and building with every conscious thought, with every joyous feeling; in the community and for the community because Love is the Action and Peace is the Way. And so it is...**

Enjoy the podcast.

Self Realization/Actualization, Authentic Sovereign Expression Part 8 with Kornelia Stephanie

Here are some of the talking points...

"What's your number one-two, a principle that you make a decision on?"

"Can you talk to us about what you see for us for the next six months? What should people focus on?"

"Where do you draw a line in the sand? What will you **not** allow in your world? (not on *your* watch)"

"How do you see the physical body, and what is most important to healing the body?"

"With all the negativity out there, how do you remain positive and what do you do?"

"There are a lot of attacks and negative energy. How do we go about dodging karmic bullets?"



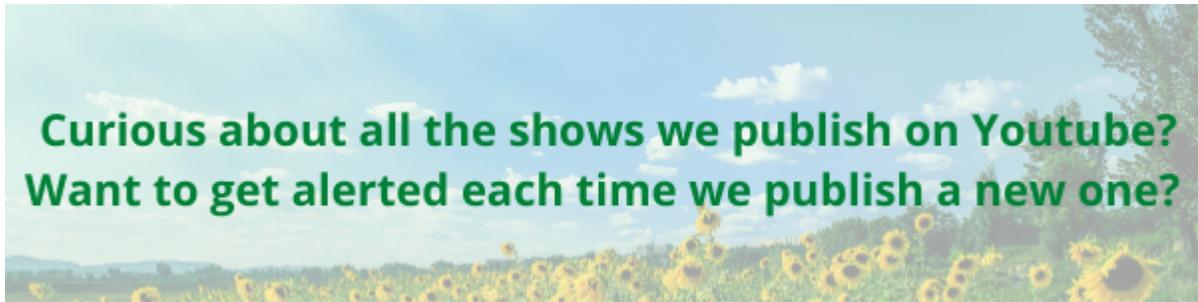
"Are you getting any pushback from taking a stand on things?"

"What is the number one thing that the Starseed, the lightworkers, the awakened and enlightened people can do?"

There is so much division. How do **You** deal with it?

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