



Hi Beloved Community,

I hope you are doing well.

We are manifesting at the speed of light. Be careful of what you are thinking about. Because you are manifesting this very quickly now. Today I would like to talk about the upcoming energy of the unfolding chaos in the world. How can we even pinpoint it? There is so much going on. There are so many changes and so many possible triggers and rabbit holes that we can get caught up in, it is vital that you stay calm in the eye of the storm. **It's like the crazier it gets outside, the calmer you need to BE.** And as far as time goes, the faster things speed up, **the slower YOU need to go (at your own pace), dancing to the beat of your own drum.**

It would be best to keep your eyes focused on the big picture in your vision and on what you are manifesting in your world as the collective energy intensifies. By "being" the change that we'd like to see in the world, by being a trailblazer of the love that we want to see in the world, and by "being" the peace we want to see in the world.

It's quite challenging when we get pissed off and feel angry at _ _ _ _ _ (fill in the blank...)

The government, your husband, a friend, God, the universe, the kids, the lack of money; whatever it may be. You are now being asked to take the high road and to **not** become an angry peace activist. The period we are in right now is one of the reasons why I wrote my book, ***Peace, the Flip Side to Anger***. To help you use your anger as creative fuel to change your life and not to give your power away to anyone or anything.

Did you know that underneath the anger there is always a truth that is waiting to be heard? That is what anger is all about. There is a communication that has not been heard. And this is why that trigger can help us to "take out the trash" so to speak. Try not to let it build up in you and then explode like the Tower in the tarot deck.

Suppose we look at the masculine energy within us the wounded warrior masculine that talks negatively to you, or that cowards down, or that lashes out that bullies, that uses verbal abuse, that is passive-aggressive, that starts fights or projects that anger out onto another - or holds it in the body, which is really bad because anger is hot coal.

When you can't control what's happening, challenge yourself to control the way you respond to what's happening. That's where your power is.

Anytime we hold on to our anger we are causing harm within our bodies, which is really bad because anger is like hot coal.

In which case, it can harm your organs, raise your blood pressure or cause a heart attack. If we look at what anger can do when used negatively (or shall I say unconsciously) it can create wars, which is what has been happening on this planet

for thousands of years. Angry people are causing wars because they don't know what to do with their anger.

I want you to use your energy and get really good at cleaning up your anger right away so you can feel good again and feel in charge of your life. Because you are manifesting very fast now. **Clean thoughts, Happy thoughts, Grateful thoughts, Joyful thoughts.**

The Masculine/Mars energy acted out in a positive way is heroic, confident, helpful, and courageous.

Masculine energy is not cowardly. It is willing to have the conversations that need to be held in honor of the truth.

Masculine energy is protective. It stands by you and holds you high.

Think of this Archetype as your hero; that masculine energy that you respect so much.

Let's start with this: How is the masculine energy in you being expressed in your world? Are you treating yourself & acting on your own behalf, as your own

hero? One who is holding yourself up high, encouraging yourself on, and loving yourself? And showing up for yourself in an "I got your back, Babe" kind of way? It's how you show up for yourself and it's modeled by the Masculine partners in your world.

Remember in my recent newsletter, ***WE ARE THE CHAMPIONS OF THE WORLD***, I spoke about what we are doing now. We are on the precipice of building our new world upon a new foundation made up of our new values and principles. Every conscious human being is setting up a new infrastructure within their own physical bodies, their homes, their gardens, and their communities. It happens locally first. Act Local, think Global.

In the next six months, we'll be laying out our framework and building with every conscious thought and every joyous feeling.

"In the community and for the community" because ***Love is the Action and Peace is the Way***. And so it is...

The Practice. Everything you think about is manifesting very quickly now. That's why it's so important that you practice clearing out your thoughts, clearing out the energy, clearing out your anger very very quickly now because you will manifest what you are thinking very soon. Face, everything, look at it and let it go, get back into your sweet spot, feeling super grateful for the love love and abundance that is unfolding in your life. Look at what Wendy has to say in my community.



People have been coming to me more frequently lately for personal sessions because somewhere in their lives they've found themselves in a place where **they feel an urgency to tidy up their energy field**. They are ready for their deepest healing and want to become **masters of their energy**. They know that I will hold them to their highest and that I see them in their true authentic self.

I have created a 2 hour long session for your reset ~ exactly what you need to hear.

The first hour will be about you spilling the goods out... everything.

The second hour will be the truth-telling, soul alignment, and feminine/masculine balance.

You will be taking lots of notes.

These sessions are by phone. (\$180.00)

mail me at chooseahappyliife@live.com and let's get you scheduled asap.

Here's what Susan Axelrod posted on Linked IN.



Susan L. Axelrod, CCP ~ Confidence Coach for Women • 1st
TIMELY SERVICE: Helping Mature Executive Women soul-connect to self ...
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Are you suffering from anger or worse, rage, about the state of your

“Are you suffering from anger or worse, rage, about the state of your job/business/our country/economy or the politics of the world? If you're suffering, **Kornelia Stephanie** is your go-to coach! I just had a 2-hour coaching session w/her and I ordered her book the minute I got off the phone. As a coach myself, why would I promote another coach? I have my own coaching intuition and Kornelia has hers. You might benefit from either or both of us as a Coach. We both coach on self-empowerment, but from our own magic ~ YOU WIN by working w/either or both of us. I can tell you that if 'Anger' is your challenge right now, Kornelia's the coach for you. Then, later, when you're looking for soul-connected Confidence to RISE, come find me and I'll be here for you.

With love, Susan”

Susan L. Axelrod, CCP ~ Confidence Coach for Women August 2, 2020

Thank you! This is a 'Chai' donation ('chai' is the Hebrew word for life. Chai=18). So grateful.

The Relationship Model Is: Love, Honor, Respect, Integrity

If the people in your life and in your inner circle are treating you with this model, you are golden. If that is what is being mirrored to you and you are being held high and honored for the amazing person you are, then you are the living model of what we want to see in our world. Building our beloved community begins at home with YOU. We teach people how to treat us and it takes that positive energy to draw a line in the sand of how we respect each other here.

It's like saying, "Once you come into my house, this is how we live here."

The Honorable!!! New Earth Tribe.

*Harmoniously yours,
Kornelia*

Peace, the Flipside to Anger by Kornelia Stephanie

Peace, the Flipside to Anger

Written by Kornelia Stephanie



"This book has grown out of one woman's courageous and victorious journey from childhood misery to living fully in love and joy. Kornelia is a beacon of light to anyone dealing with the unresolved anger or depression that hides their authentic self, and her sessions and teachings are life changing. This book is like listening to her encourage you on your way. Her sincerity and love for humanity shine through on every page, and the workbook provides the individual steps that can take you from victim to victorious, from fear to love, and from anger to peace and happiness. Simply reading it is an immensely uplifting experience."
-Lori Thomas

 KORNELIA
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Entrepreneur Spotlight

How To Book High Paying Coaching & Consulting Packages with Rise and Be Rich

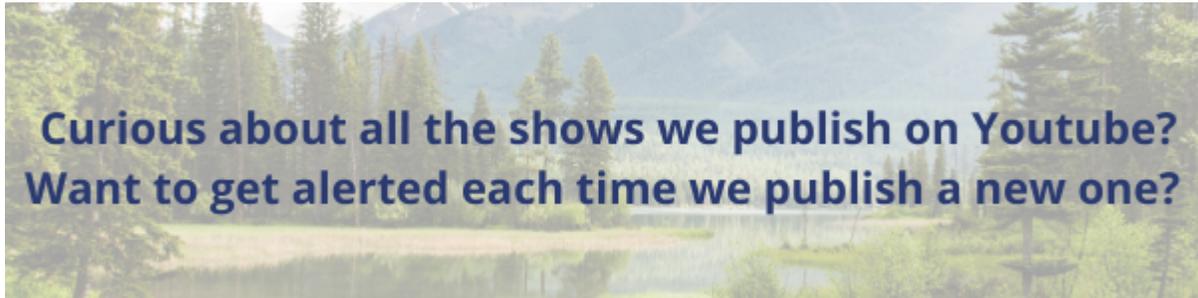
In this changing market, should coaches and consultants be selling low ticket programs and packages or high ticket programs and packages? For many coaches who want to reach 6-figures or higher in their business, creating high value high paying packages have been the norm. In today's episode we will discuss why at this time, the challenge is not with the price,



the challenge lies somewhere else.
Let's dive into some questions to
find out if and how you can book
high paying coaching clients to
your programs and packages.

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