



**Hi Clients, Friends and Superstars,**

How are you feeling?

We create momentum wherever we place our energy. There are challenges ahead with the Cosmic Energy at play. With all the **darkness** and negativity, global **aggression, can trigger** feelings of nervousness. This is nothing, however, that we cannot handle.

The Age of Aquarius is blessing our Earth and its inhabitants with a breath of fresh air. This Air element will dominate over the next 200 years. Many fresh, new beginnings will restore and rebalance Life on Earth.

**We need love. We need to feel and be appreciated. We need to appreciate one another. We need to be well. We need to connect and communicate our love to each other.** Intentional community [Subscribe to my membership here.](#)

**When slowing down is the best option.**

**The way we think and the way we act both create momentum.**  
We need to be careful of the momentum we are creating.  
We need to slow down so we can choose how we will think, speak, act, talk.  
**Create a momentum of positivity in your life.**

### ***I Think, Therefore I AM***

"I think nourishing thoughts, kind thoughts. I choose nourishing words, I choose loving thoughts." Carefully speak your chosen words. Your body will follow your words and your words will then become your actions which, in turn, generates forward movement. Carefully review your actions, for they become your habits.

It becomes an enjoyable thing to correct oneself, to self-regulate, and to begin again. Focus on the Light within. See the Light at the end of the tunnel. Stay true to your path, the path of least resistance and the path of the Truth. Take the right actions and you'll see that you are self-realized Sons and Daughters of the Divine within.

The rising up of a tribe that loves doing what no one thought we could do.  
The script: To create Heaven on Earth... to return to unconditional Love and Peace, to live in Freedom, to embody Unconditional Love for self and all, to offer Self-Acceptance, and to create Paradise on Earth.

*"Cowardice asks the question, 'Is it safe?'. Expediency asks the question, 'Is it politic?'. Vanity asks the question, 'Is it popular?'. But conscience asks the question, 'Is it right?'. And there comes a time when one must take a position that is neither safe, nor politic, nor popular, but one must take it because it is right."~ Martin Luther King, Jr.*

## **Liberate the Inner Self**

### **Enjoy Free Gift #1**

To help us co-create our new world throughout February, I've created a Daily Blueprint. You can print it out in PDF form and, of course, I'd love for you to add your own Daily Wisdom to it.

### **Living By Vibration**

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**Living By Vibration**  
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February 1, 2021  
What makes you who you are? We are the Pioneers of the Land. Feeling is the language of the soul. Feel your way forward as you plant your Seeds of Gratitude in the Unconditioned of the land. What words are you planting that will surely yield you a harvest of beautiful abundance? What are you wanting?

February 2, 2021  
The perfect day to practice living in No-Time. Bring your energy into the Eternal NOW. Remember, 450 years ago we did not live by clocks. We lived our lives by Sunrise and Sunset. What wisdom would you like to add here so that you will help us all rise our vibration?

February 3, 2021  
Let go of all thoughts, habits, and patterns that do not serve you. Trust so you can feel Free. So courageously. Super Blessings, living the Truth of who we are and in Harmony with the Earth. What's your favorite Superpower?

February 4, 2021  
It's great to get together and organize and to share resources with others. What resources do you have that can help and help you to share? As you can see I have writing and I love sharing. I love giving all the positive energy to our community. If you are looking for community you can join on here. [Subscribe to my membership page!](#)

February 5, 2021  
No matter what the outside world is doing, be a Tower of Power in your own life. Listening, sensing, feeling, and creating are only a few of your many Superpowers. The goal is to raise our consciousness and give... [Feeling Peace.](#)

February 6, 2021  
One small step towards... your health, your abundance, your finances, your relationships, your world. This is forward movement. One step at a time. Be patient. What makes you the happiest?

February 7, 2021  
It matters which consciousness that you approach your destiny and your challenges with. Allow me to remind you of just how well-equipped you are and how magnificent you are. [FF Truth: Are you living up to what you said you would do? Will you?](#)

February 8, 2021  
Raise your daily energy of sharing your intelligence with the world. You are Light. Shine bright, like a diamond.  
What do you want to grow tomorrow?

February 9, 2021  
Do you know the value of "YES-AND"? How about "being present" and "rejoicing in" the will, Love, and know who you are.  
Are you being good to yourself? What's your top tip to change a bad habit?

**Download The PDF HERE**

# ***Overcome ALL Adversity!***

I interviewed eight people last Friday on my podcast. All of my guests shared the same desire... **the vision to help as many people as possible in 2021.**



Watch Here



Watch Here

12:00 ~ Joy White Peacock ~ Died six times.  
12:15 ~ Dr. Kate Steiner ~ Was on burnout.  
12:30 ~ Derrick Lewis Noble ~ Went from severe stuttering to TED Talk.  
12:45 ~ Joseph Nantomah ~ Fifteen businesses - that help the children of Ghana.  
1:00 ~ Jess Arce ~ Mom with dyslexic kids - opens a school to help others.  
1:15 ~ Tara Stricker ~ Lost husband to sudden death - what he told her on his deathbed.  
1:30 ~ Lora Kirby ~ The Power of Love for her two daughters liberated this Mom to heal her past.  
1:45 ~ Carol Ward, CPA ~ Helps you reduce stress, organize your finances, get your budget done.

*Sincerely,  
Kornelia*

What we do for one, we do for all.

We are all in this together. I appreciate you.

I love you. email @ [chooseahappylife@live.com](mailto:chooseahappylife@live.com)

If you like this work and want to support it.

We appreciate it so much you can do so [Right Here.](#)

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