



Hi LOVELY Ladies,

We're meeting Next, Saturday, February 13th!

February's theme is ...

"Simplify, Slow Down, Breath"

Join us on the 2nd Saturday Every Month from 9AM to 10:30AM PST for the Spiritual Meet Up Group for Women using the following zoom link:

<https://zoom.us/j/547738969>

New Date and Time. Save the date—every 2nd Saturday.

Saturday, February 13th, 2020, at 9:00am to 10:30am PST

Saturday, March 13th, 2020, at 9:00am to 10:30am PST

Saturday, April 10, 2020, at 9:00am to 10:30am PST

Saturday, May 8, 2020, at 9:00am to 10:30am PST

Curious what time this meeting is for you? Use the timezone converter below to determine what time to join us!

Timezone Converter

One of our ladies wrote to me after our last meeting to thank me because she feels so much better so much lighter. **Her body felt so much better.** That's why we meet. **I look forward to being with you again beautiful Queens.**

What would your life look like for you?

YOU are living within a neutral space within your being.

The Wounded Child, the one who has been crying for your attention all your life, has now been loved and nurtured by you?

The wounded ego has learned to let go of control and trust the higher self to be lead from the heart. After many lifetimes of dedicated service work and slavery, **the victim** has been retired and is now free.

The addict is not looking for something to numb or fill a void, as the addict now chooses to fill itself with radical self-love as nothing else will do. What will your life look like when the authentic you has stepped into your authority as a sovereign being.

Revealing the I AM. Welcome to the deeper self. Coming face to face with who you are. Welcome. I'm excited to see you.

A Gift For You

To help us co-create our new world throughout February, I've created a Daily Blueprint. You can print it out in PDF form and, of course, I'd love for you to add your own Daily Wisdom to it.

Living By Vibration

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February 1, 2021
What matters most is who we become. We are the Planners of the Land. Feeling in the language of the soul. Find your way forward as you place your hands of Gratitude on the foundation of the land. What seeds are you planting that will surely yield you a harvest of beautiful abundance? What are you seeking?

February 2, 2021
The morning day practice living in No-Time. Bring your energy into the Eternal NOW. Remember, 420 years ago we did not live by choice. We lived out lives by habit and fear. What wisdom would you like to add here on this day that will help us all raise our vibrations?

February 3, 2021
Let go of your thoughts, habits, and patterns that do not serve your Truth so you can be Free & Sovereign Being. Super things, living the Truth of who we are and in Harmony with the Earth. What's your favorite "Superpower" practice?

February 4, 2021
It's time to get together and agree to do share resources with others. What resources do you have that are fun and easy for you to share? As you can see I love writing and I love sharing. I love giving all the positive energy to our community. If you are looking for community you can join us here. [Subscribe to my membership here.](#)

February 5, 2021
No matter what the outside world is doing, be a Tower of Power in your own life. Listening, seeing, feeling, and creating are only a few of your many Superpowers. The goal is to raise our consciousness and grow... [Evolution Time!](#)

February 6, 2021
One small step towards... your health, your abundance, your business, your relationships, your world. This is forward movement. One step is all it takes. The patient. What makes you the happiest?

February 7, 2021
In moments of uncertainty that you approach your destiny and your challenges with. Allow me to remind you - all you need is courage, you are and how magnificent you are. I think. Are you living up to what you and you would do? Will you?

February 8, 2021
Raise your daily state of sharing your intelligence with the world. You are Light. Shine bright, like a diamond. What do you want to grow creatively?

February 9, 2021
Do you know the value of "BEING"? How about "being yourself" and enjoying it? Be still, have, and have who you are. Are you being good to yourself? What's your top tip to change a bad habit?

Christiane Northrup - Resources

Christiane Northrup - The Technology of the Body and Vaccines

Visionary pioneer in Women's health. The Body achieves what the mind believes

Watch [HERE](#)

Christiane Northrup on the Kornelia Stephanie Show



"Handle the Lump, Heal your Life Part 8" ARE YOU AN EMPATH? Christiane Northrup, M.D.

Watch [HERE](#)



Your Beloved,
Kornelia

The Light Within.

We will be bringing the religion of True Freedom & Self Awareness through Radical Self-Love.

Our focus each week is on unconditional love for the self.

"Only spiritual consciousness - the realization of God's presence in oneself and every other living being - can save the world. I see no chance for peace without it. Begin with yourself. There is no time to waste. It's your duty to do your part to bring God's Kingdom on Earth" -Paramahansa Yogananda

In today's world with so much change happening, choosing love while being faced with challenges is a practice. The face we turn to our own unconscious is the face we turn toward the world.

Carl Jung says "it's a psychological law that what we will not suffer inwardly through conscious recognition of our shadow, we will suffer outwardly as a result of our unconscious projections into the world around us". He thereby gives people the most awesome charge that they can possibly receive throughout their lives: the withdrawal of their projection upon others, and dealing with their own shadow themselves.

You create your own reality by the choices you make moment to moment. Knowing what our global core values are, like living in freedom practicing compassion, kindness, and offering forgiveness when first lived and practiced within that love has the power to ripple out into communities and the world uplifting all it touches.

This group is about New Thought, Unconditional Love, The Faith Within, and exploring all ways to find greater peace and harmony- NOW. #EckartTolle #CarlJung #Buddhism #Indigenous #Christianity#Hinduism #Spirituality, #HigherConsciousness #SelfRealization #innerpower #simplelife #authentic #staytrue&honest #filyourowncup

If you prefer not to receive weekly notifications please let our team know and we will be sure to remove you from the email list.

Kornelia Stephanie



Kornelia Stephanie is a Spiritual Teacher and Business Success Coach helping people reclaim their personal power so that they can become the authority in all areas of their lives. Kornelia's Book *"Peace the Flip Side to Anger, How I used my emotions to heal my life and my body and HOW YOU CAN TOO"*. [Get it on Amazon.](#) Kornelia teaches us to embrace our humanity, offering simple, practical tools on how to live, how to heal our lives using the power of our emotions, loving the self whole. With her passionate and fun nature, Kornelia teaches people in her retreats or her private sessions and her online membership how to integrate practical spirituality into their daily lives.

She helps people become emotionally healthy with great results. She mentors people into their empowerment which makes a huge difference in their lives and, in turn, uplifts others in their families and communities and is changing the world. People experience huge, profound shifts leaving the past behind, moving forward, navigating the new energies with passion purpose and confidence. Inspiring self-healing, self-love, self-leadership, self empowerment and returning to the basics of co-creating the New Earth in harmony with Nature. You can listen to Kornelia and her co-hosts every week on Transformation Talk Radio.

You can reach Kornelia at:
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